Robin Bawa was a hockey player who played in the NHL between 1989 and 1994. The Duncan, BC native is the first Indo-Canadian and the first Sikh to play in the NHL. Bawa's grandfather, Bawa Singh, immigrated to Canada from Punjab in 1906.

When he was 8 years old, Bawa was told

"Your kind doesn't play hockey"

His father bought him his first ice skates the next day.

"In the 1970s, there weren't any Indians playing in the Fuller Lake Minor Hockey Association that I was playing in," he says. "I was the only one."

Bawa played junior hockey for a number of minor league hockey teams before eventually playing for several NHL teams - the Washington Capitals, the Vancouver Canucks, the San Jose Sharks and the Mighty Ducks of Anaheim.